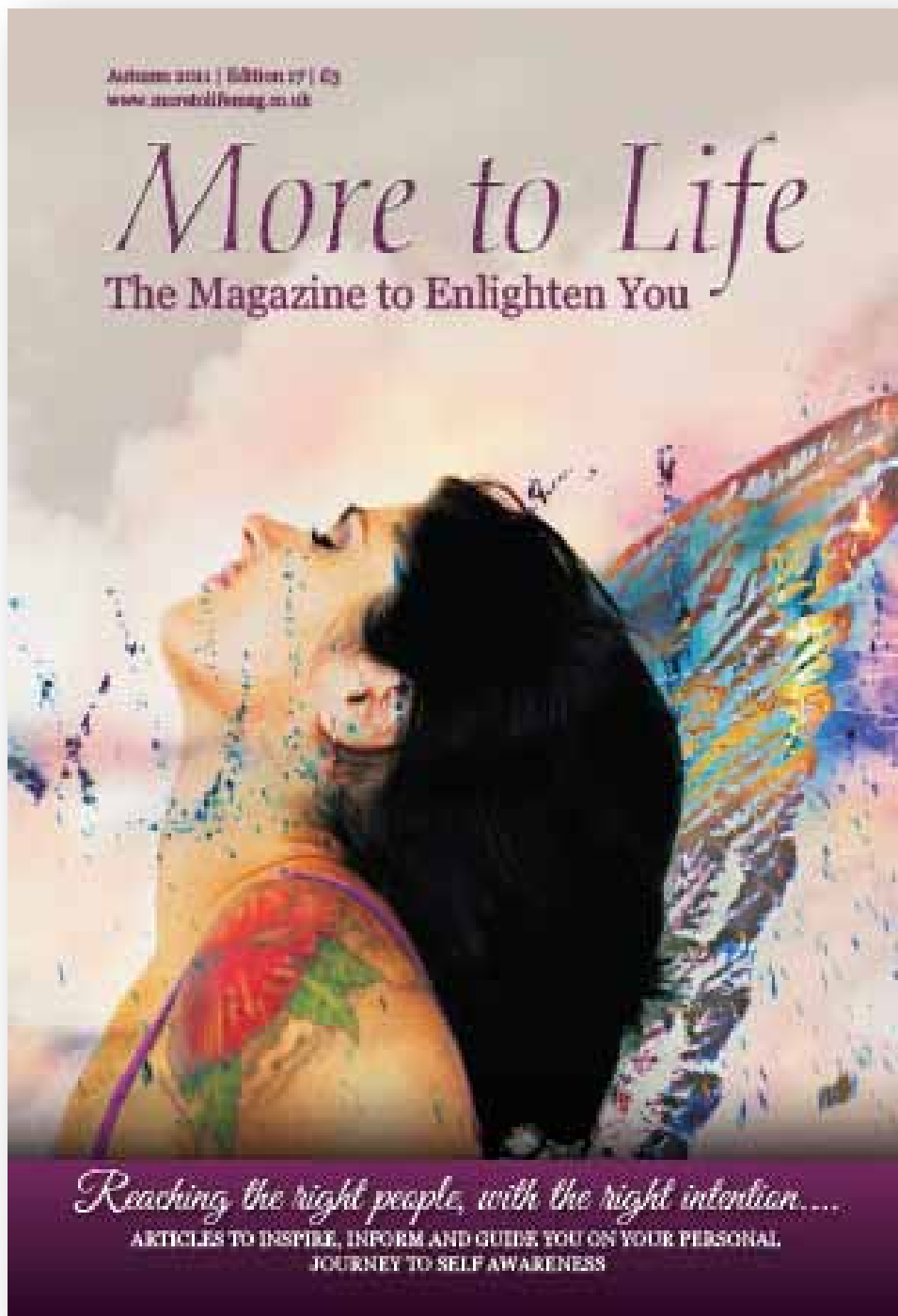


**REACH THE RIGHT AUDIENCE WITH THE UK'S
PREMIER MIND, BODY AND SPIRIT MAGAZINE**

*More to Life
Magazine*

MEDIA PACK



The Magazine

Beautifully presented, featuring vibrant imagery with heartfelt and absorbing articles from popular writers. More to Life magazine is the premier guiding publication for those starting on their spiritual path.

For those looking for promote their services, courses and therapies, we are ideally placed to introduce you to up to 30,000 potential clients and students. We are constantly striving to reach more and more people with every edition.

MAGAZINE FEATURES

- 52 page full colour magazine
- Greater concentration of Mind, Body & Spirit guidance articles than any of its peers
- Highly respected publication with a strong ethical direction
- Down to earth articles, interviews and 'What's On Section' featuring exhibitions and workshops
- Established brand with an extensive readership and following proving advertising with More to Life really works

CIRCULATION

- 10,000 print run
- 4 editions per year
- 30,000 readers
- 2500 subscribers

DISTRIBUTION

- Mind, Body and Spirit events and exhibitors across the UK
- 2500+ subscribers
- Network of distributors including therapists, healing centres, retreats, clinics and MBS stores

Advertising

SIZES & PRICES

**INSIDE FRONT COVER /
OUTSIDE BACK COVER** £950
200 x 275mm

FULL PAGE £795
200 x 275mm

HALF PAGE £450
200 x 140mm (landscape) or
95 x 275mm (portrait)

QUARTER PAGE £245
95 x 140mm (portrait) or
65 x 200mm (landscape)

EIGHTH PAGE £135
95 x 65mm

TERMS

All prices quoted are subject to vat at 20%. All invoices must be settled before publication. 10% discount available for payments received within 7 working days. Considerable discounts are available for block bookings.

ARTWORK

Artwork needs to be submitted as a PDF or JPG (300dpi cmyk) file. We are happy to help with putting the advert together if you have images and text. A £30 fee is payable for artwork that needs designing from scratch. A £30 fee is payable should you want to use our design in another publication.

Do you want to be healthy, happy, successful & free? The secret is to stop sabotaging yourself!

If you want to learn new ways:

- to stop sabotaging yourself
- to stop thinking negatively about yourself
- to change your self-image to one of strength and happiness

Then download **FREE** practical tools and achieve your emotional balance.

'When we step out of the turmoil of life, we feel safe, peaceful and feel a love within ourselves that is not due to an external reason. That is the still point, the state where we are in our power and have free will.'

FREE!!! Download the Emotional Balance MP3 meditation
on www.roymartina.com/MBS-Meditation

The best time to listen to this meditation is just before you go to sleep and just before you get out of bed. So set the alarm clock one hour earlier in the morning, listen to it again at night and do this for 21 days.

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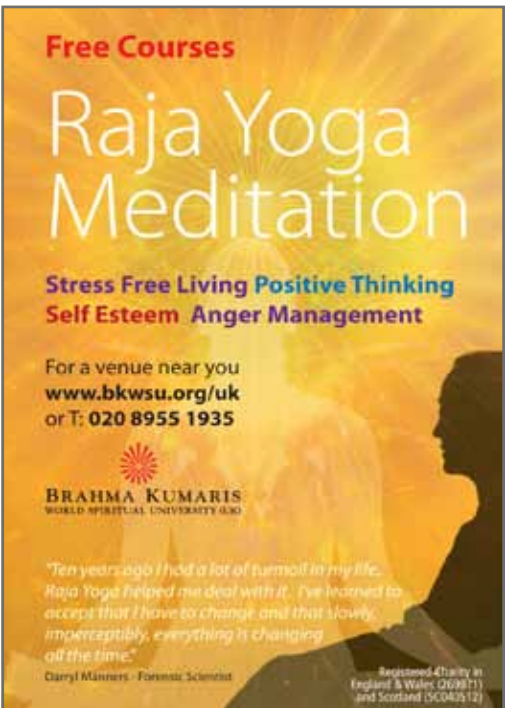
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'Ten years ago I had a lot of turmoil in my life. Raja Yoga helped me deal with it. I've learned to accept that I have to change and that slowly, imperceptibly, everything is changing all the time.'

Carryl Manners - Forensic Scientist

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England & Wales (069871)
and Scotland (SC040512)



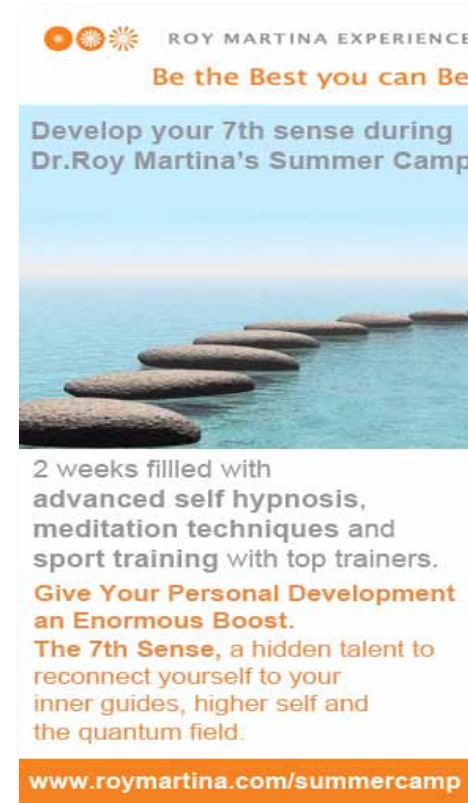
The Website

With an average of 100 000 visitors to our website each month, www.moretolifemag.co.uk is the Number One online destination for mind, body and spirit matters.

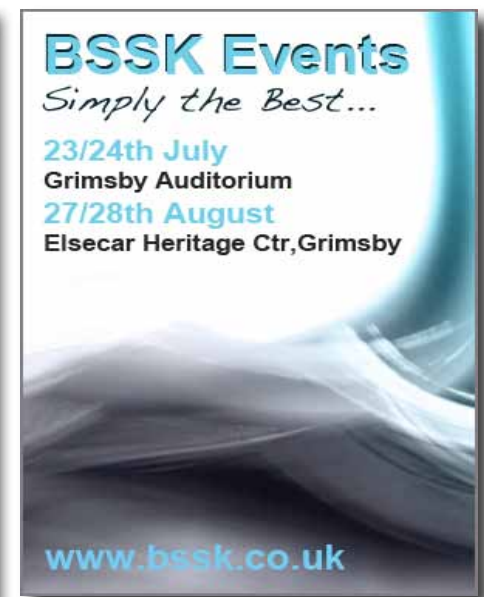
With an audience spanning the UK and beyond, www.moretolifemag.co.uk can help you reach tens of thousands of potential new customers. Updated weekly with articles, events and exhibition information, video interviews and exclusive promotions, www.moretolifemag.co.uk is the most visible and viewed on-line publication of its kind to promote your products, services, fairs and workshops.



LARGE BANNER
300 x 600 pixels £350



MEDIUM BANNER
300 x 425 pixels £225



STANDARD BANNER
300 x 250 pixels £125



ARTWORK for WEBSITE AND NEWSLETTER

Please submit artwork as JPG (rgb 150dpi). If you need help in designing your artwork, our graphic designer is happy to help. A 10% charge may be applicable. **ALL PRICES ARE SUBJECT TO VAT** - payment must be made before being shown on-line.

www.moretolifemag.co.uk

The Newsletter

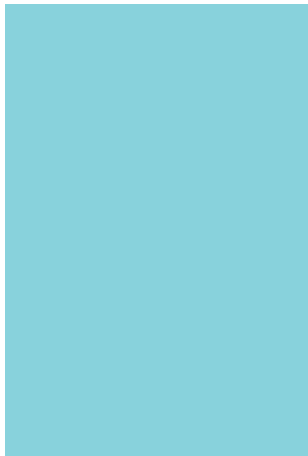
More to Life newsletter is a unique service offered by no other Mind, Body and Spirit magazine in the UK.

Working with fair organisers and designed for full impact to reach around 300 000 inboxes this fortnightly, innovative service is proving to be incredibly successful in raising sales figures and clientele.

Its simple;

- choose the best date for your promotion
- choose the size and price that is right for you and allow us to introduce you to our mailing list.

Advertising



DELUXE
£350
200 x 400 pixels



STANDARD
£195
200 x 200 pixels

More to Life Magazine
YOUR PERSONAL GUIDE TO SPIRITUAL ENLIGHTENMENT

Hi Everyone, we hope you enjoy our latest newsletter. Don't forget the Autumn edition of More to Life magazine will be available in the next week - Order your copy now!

Enjoy MoretoLifeTV Interviews here!
Passionate, Informative & Thought Provoking!

Watch MoretoLifeTV Interviews filmed June 2011 - Something for everyone!

Discover what the next two weeks have in store for YOU! with Sarah Jane Grace's awesome and intuitive horoscope readings - Amazingly accurate and intuitive!

Awaken to your highest potential with
David Rabone
Living in the Light

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Light Grids is a new and powerful technique that truly brings Spirit into the Body and Mind. Be one of the first people in the UK to experience this amazing modality of spiritual health and growth.

AND **THETA HEALING**

Connect with the Creator of All that is, and co-create miracles in your life.

Join my website and receive a £50 voucher towards Healings, Activations and Courses.
WE ALSO HOLD WEEKLY LIGHT GRIDS GROUP SESSIONS BY PHONE.

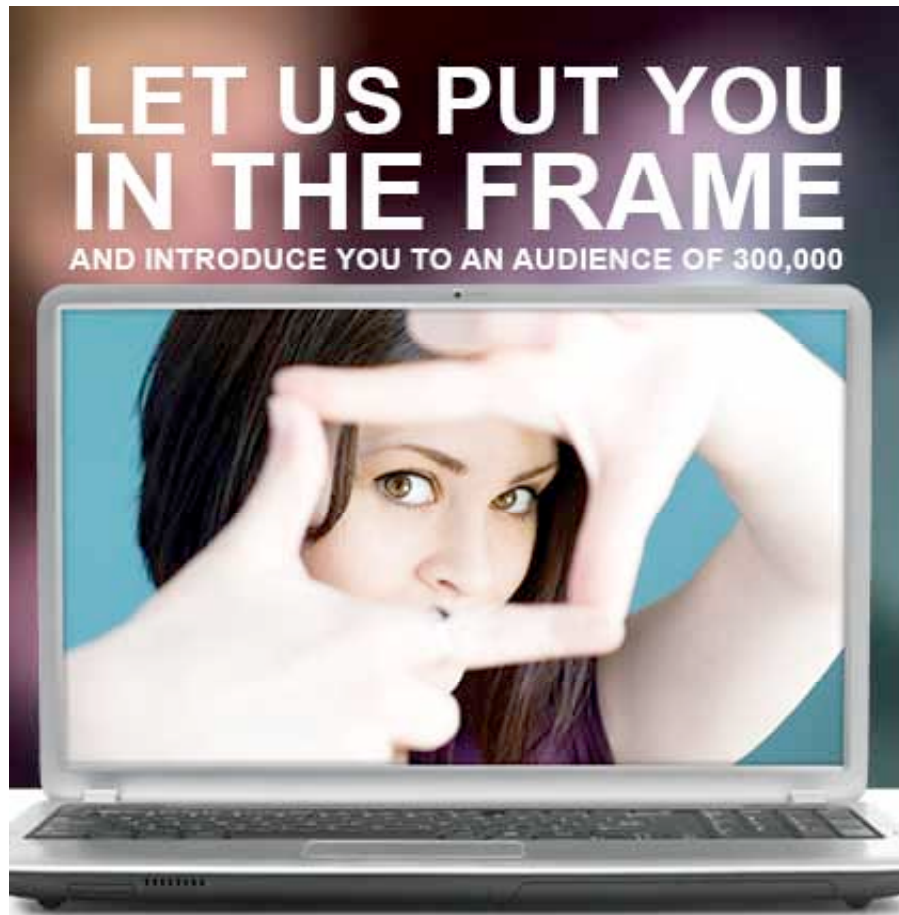
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MoretoLifeTV SHOWCASE

the ultimate marketing tool

Take your company to another level with this comprehensive marketing package - this is not offered by any other magazine in the UK.



Unmatched Selling Power of Video Advertising



Filmed all day by a professional TV crew, your custom Showcase videos will deliver your message and open new opportunities to your work, with an unparalleled credibility and selling power.


Sound and Motion ALWAYS sells
SHOWCASE videos SELL because your video not just shows your products - it engages your customers. Video adds real value in a compelling way that's easy to watch and understand. Now that's good selling.

Filmed on location with captions and choice of royalty-free music. You can even choose to present your own video!

MoretoLife SHOWCASE is designed to boost your place in the Mind, Body, Spirit marketplace - and put you ahead of your game.

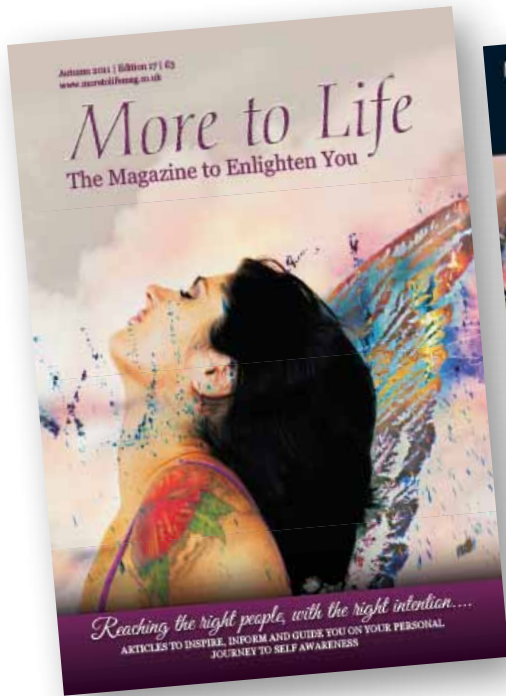
Your SHOWCASE video will feature extensively on www.moretolifetv.co.uk, YouTube and Facebook.



With a range of options to suit your business needs, PRICES start from just £1,995 for one day filming and edit. Finance available by Way2Pay. Example £1,995 over 12 months (10% APR) repayment £220 per month. Finance is subject to status.

For more information visit www.moretolifemag.co.uk



More to Life TV is the affordable and powerful way to promote your products and services to over 300,000 people, **for only £149.**

Lights, Camera, Action!

Edited by TV Professionals

Audiences of Thousands

Watch More to Life TV interviews filmed June 2011 - coming for everyone!

To find out more and book your More To Life TV video interview, call Jayne Lea on 0151 527 1577 or visit www.moretolifetv.co.uk

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More than just a magazine...